

SPARSH EDUCATIONAL AND  
HEALTHCARE SOCIETY

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# Activity Report

## SPARSH EDUCATIONAL AND HEALTHCARE SOCIETY

### ABOUT US

Sparsh Educational and Healthcare Society is a non-profit, non-government social service organization in Orissa State in India. It is dedicated to the service of rural and urban poor, unemployed youth, backward and tribal communities, and vulnerable segments of the population of All Orissa. Over the past one and half decades and more, it has been implementing self-funded and supported developmental projects in different areas of the district setting off a process of steady transformation in the lives of the people and communities

### VISION & MISSION

#### *Mission*

We aim to preserve family by meeting their needs through community programs. We aspire to develop these programs and reach the wider migrant communities of India, bringing awareness and advocacy to this population.

#### *Vision*

To preserve and provide a sustainable environment for healthy mothers, children and families by providing Nutrition, Education and Counseling



## MESSAGE FROM THE DIRECTOR

# SPARSH EDUCATIONAL AND HEALTHCARE SOCIETY

Dear Friends

As president of Sparsh Educational and Healthcare Society it is my pleasure to report to you on the organization's accomplishments over the course of the past year. Was privileged to serve as the voluntary organization for well over 701, of our neighbors, and to provide those neighbors health, education, vocational training, HIV/AIDS awareness, entitlements benefits, environmental education, community integrated developmental progs. Etc. The association generous assures equitable access too timely and free primary health care services in a setting that honors and respects the dignity of each individual poor patient while offering a hand-up, but not a hand-out. Integrated Community Welfare and Development services are core issues has remained unchanged since started, and that is to promote the health, education, women empowerment, skills development among low-income, working uninsured and other vulnerable children and adults in states particularly district of Orissa. We attain this mission by providing a team-based approach to comprehensive skills development, welfare services, educational activities and health care services, assessing each patient's unique medical needs and preferences, while concurrently addressing social, cultural, and environmental needs that may have medical impacts.

While governing board has ample reason to be proud of the organization's contributions to the community at large, it has equal reason to be concerned.

Permanency becomes a central focus as moves into the next decade. We have become a community institution through nearly one decade of service, and through strategic partnerships with community stakeholders and supporting depts. / agencies/ donors/individuals will remain a permanent and reliable all for those who call upon our services well into the future. As I leaf through this Annual Report, I am awed by the listing of names and the generosity of so many. It will be the sustained generosity of those who receive this report, and many others that will assure the continued attainment of our mission, and the provision of a permanent source of community development for those who face hard times. I thank you for the privilege of serving as the president of , your trust and confidence in our organization, your past and future financial contributions, and your shared commitment to our permanency and mission

# Activities

## EDUCATION

### INFORMAL SCHOOL

Sparsh Educational and Healthcare Society provides stimulating activities, organized games, day-care and schooling programmes for many migrant and low socioeconomic children within the Orissa community. In the morning the children engage in subjects of math, grammar, spelling all of which taught in English. In the afternoon the children do language classes in Hindi and English as well as participate in educational & Sports. This educational & Sports training provides children with skills to make and sell various practical and artistic relics further creating extra income source for their impoverished families.



### HEALTH AND HYGIENE

Many children don't have access to regular health professionals; as such Sparsh Educational and Healthcare Society conducts regular health-check-ups for children at the centre once a month. We conduct initial screenings for physical delays or deficiencies, provide essential childhood immunizations, prescribe treatment for illnesses and infections, and monitor children's health on a regular basis. The children's growth is also monitored and vitamin supplements, first aid or medical intervention is provided if required. Additionally the childcare workers provide cleaning, bathing, feeding and sleep hygiene in order to ensure the children are well rested daily.

### SPECIAL NEEDS DAY CARE

Sparsh Educational and Healthcare Society also runs a Day Care for Children with Special Needs providing specialized care on a day-to-day basis. Sparsh Educational and Healthcare Society

staff has 04 years of experience in taking care of high-care children, providing constant supervision. With a diverse range of trained staff including nurses, social workers consultant doctors available there will always be constant supervision of a child. Our consultant doctor also assists in medical treatment and medication for these children. In case of an emergency we take the child to the hospital. Sparsh Educational and Healthcare Society also networks with schools in the area of special education to facilitate referrals.

Assessments and Therapies provided to all children engaging with Sparsh Educational and Healthcare Society include

### **Assessments rendered**

Psychological Assessment

Physical

Functional: gross and fine motor skills

Activities of daily living

Handwriting assessment

## Education



Illiteracy is the worst worm engulfing a vast area of our country and extracting blood from the veins making a person crippled. They are handicapped because of meager resources and cannot afford to send their children to schools and provide them better education with books and stationery. These children also do menial jobs to augment the family resources. The Government has enacted laws to culminate child labour and provide education within the reach of these people. Unfortunately, laws and rules have no significance for these people who are themselves illiterate and do hard labour throughout the day, leaving no time to look after the family affairs. Therefore we have undertaken and initiated a programme to teach these less fortunate children..



Sparsh Educational and Healthcare Society had undertaken and initiated a programme to teach childrens. They were imparted education by qualified and experienced trained teachers through LBF methodology. They were taught Hindi, Mathematics, English, Social Science and General Knowledge from 1st to 8th standards. In last three years, we have been imparting classes for secondary and senior secondary levels also with aims to motivate and mobilize dropped

out children for higher education. There was no fee and even books and stationary were distributed to the children free of cost at primary and upper primary level. But secondary and senior secondary levels approx. 70% aspirants are bearing their admission fee and NGO is helping them in other manner. The progress of the centre is evinced from the fact that the number of students are rising steadily as compared to the previous year and it may rise substantially in the coming year necessitating in creating more and more learning centre.

The age and quality has no end to education. Along with the normal, lessons were given in physical and moral education, which were vital in character building. And it had its direct impact. Health had been dealt with earlier. Periodical camps were organized practically and periodically in all the venues covered by Sparsh Educational and Healthcare Society during the year. Medical and health checkup were undertaken spread throughout the year. Preventive measures were advised and medicines were distributed wherever necessary after the checkup. Serious and urgent cases were referred to the hospital catering to these territories. Yoga is another source healthy living irrespective of the area one lives in. it was appraised to all in frequent meeting that everyone does some physical exercise in one form or another. Breathing walking etc. was in fact part of Yoga and if practiced regularly every day keeps the disease away. Demonstrations by a Yoga expert were given time and again and looking at the interests of the people, Yoga classes were organized in some of the colonies it also had moral and spiritual impact.



Learn to play. Play to learn learn to play. Play to learn.

## Health and Hygiene

### Healthy Food

It is very important that we eat the right balance of fruit and vegetables every day to keep healthy. Food contains vitamins, protein and carbohydrates which all help to keep us fit.

Look at the foods. Put a green tick in the box for those you think are the most **healthy**.

<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 
<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 

It is universally acclaimed that no human being can survive and prosper unless one takes recourse to hygiene and nutrition in daily routine for a healthy life. The non-hygienic conditions prevailing in the backward slum clusters of our society are the root causes of deteriorating health. There are a number of factors that have to be reckoned with, including nutrition and sanitation. Sparsh Educational and Healthcare Society was deeply concerned



and had taken vigorous steps to curb them. Drainage system was improved in slums and backward colonies within the four walls of our territory and the adjoining areas in Orissa. Cleaning and sweeping of lanes was emphasized, the drinking water had to be kept covered so that mosquitoes do not breed. Orissa faces acute shortage of water and it had to be saved. It was advised to use and store water that was normally consumed every day and do not waste it. It was also advised to adopt rain-water harvesting.

Medical camps were organized almost every month for health check-up. Besides, Blood Donation and Eye Check-up camps were also organized. Medicines were distributed free of cost and first-aid facilities were also provided. Due and special attention was focused on women, widows and girls by the female counselors and lady doctors. Pregnant women were advised of the precautions and preventive measures they should take and adhere to the advice of the lady doctor, which was in their long lasting interests. Such cases requiring special attention and diagnosis were referred to the nearest hospitals.

## Vocational Training



We are striving to bridge this gap by offering IT related training to orphans and under privileged children through Computer Vocational Training. The main objective of the program was to provide computer training to the orphans and underprivileged with focus on computer literacy. Taking a step forward, we emphasized on creating opportunities for the children to develop technical / vocational skills that will enable them to be self-sufficient and secure more job opportunities.

Different types of vocational training were given as per the requirements of the persons we trained. The type of training we identified for them was based on the market needs and their ability to learn. Our qualified instructors imparted training to the youth – especially young girls and women – in various fields like computer operation, cutting and stitching, beauty culture, arts and crafts, embroidery, office work etc.



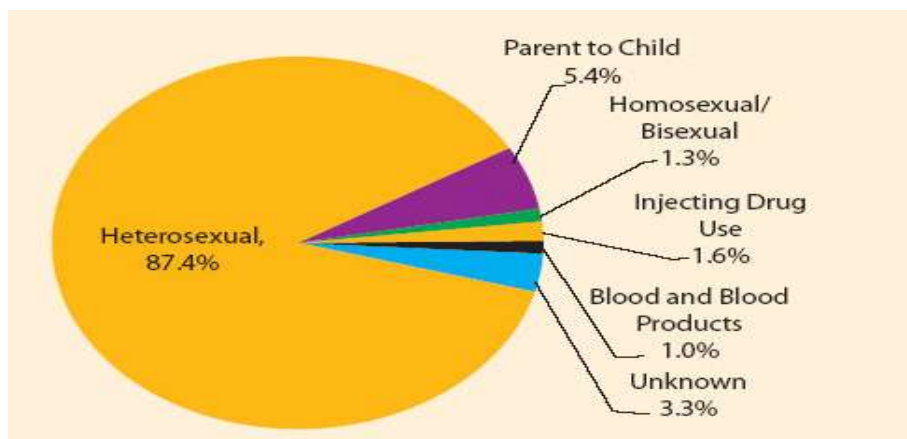
The organization believes in giving utmost importance to Programmers' related to women empowerment. Thus in this direction it helps women organize self-help groups and fight the battle against poverty and illiteracy. We believe that to make any welfare or development program a success it is vital that it addresses the real problems of the people at the community level. Systematic efforts have to be made for reducing the economic divide between the rich and the poor. One of the effective ways to achieve results is to enable unemployed and underemployed youth – especially those coming from economically poor and socially marginalized background – to be engaged in gainful occupation.

During the year we concentrated on giving training in tailoring and outfitting to women from weaker and poor families living in slum areas and resettlement colonies. Through these income-generating skills they were able to add extra income to their families' meager income. That also gave them the confidence and the satisfaction of being financially independent. The extra income also gave them the opportunity to educate their children and save some money for their daughters' marriage.

## HIV/AIDS Awareness Programme

### Awareness HIV/AIDS Awareness Generation Camps on HIV/AIDS:-

During the year under report ten awareness generation camps on HIV/AIDS were organized in



Sparsh Educational and Healthcare Society Orissa to aware the people about precautionary measures to check the HIV/AIDS effects. More than 1000 people both man and woman participated in these camps. Health's checkup

arrangements were also done in these camps.

"It is estimated that by the end of 20th century there were 40 million people infected with HIV all over the world and India has been leading with highest number of cases (ranging from 10-20 million). We may not be infected but will definitely be affected indirectly by it. Hence it is a duty of every citizen of India to have detailed knowledge about this disease". Due to lack of knowledge about AIDS people have fear in their mind against the victims of this disease. Because of fear of social boycott, AIDS patients and their relatives hide their HIV status. Many doctors (due to fear of getting infection) also refuse to treat these patients. There is danger of AIDS for everybody and only thing that can save us is to be completely informed.



**"AIDS, Difficult to get, Impossible to cure but, Easy to prevent"**

**AIDS is**

**A**cquired – must do something to contract

**I**mmune – ability to fight off infectious agents

**D**eficiency – lack of

**S**yndrome – cluster of symptoms that are Characteristic

For a disease

**HIV is:**

**H**uman – isolated to the human species

**I**mmuno - Deficiency – Lacking the ability to fight off infectious agents

**V**irus – a disease causing agene



Thanks